



Sweetwater Union High School District

1130 Fifth Avenue, Chula Vista CA 91911 619-585-6015

Parent Consent

STUDENT NAME: _____ SCHOOL: _____

I hereby give my consent for my son/daughter _____ to be given a Sport/Co-curricular Participation Screening Examination and (if indicated an EKG/ECHO CARDIOGRAM) by a team of Sports Medicine Specialists (Orthopedic Surgeon, Family Practitioner, Certified Athletic Trainers and Physical Therapist).

_____ Date

_____ Signature of Parent/Guardian

PHYSICAL EXAM

Height:	_____	Weight:	_____
Blood Pressure:	_____	Pulse:	_____
Vision (R):	_____	Vision (L):	_____
Flexibility/Posture:	<u>Normal</u>	<u>Abnormal</u>	
Upper Extremities	_____	_____	
RON Screens:			
Lower Extremities	_____	_____	
Scoliosis	NO	YES	
Comments:	_____		

ORTHOPEDIC EXAMINATION

<u>Upper Extremities</u>	<u>Normal</u>	<u>Abnormal</u>	<u>Lower Extremities</u>	<u>Normal</u>	<u>Abnormal</u>
Shoulder	_____	_____	Hip	_____	_____
Elbow	_____	_____	Knee	_____	_____
Wrist/Hand	_____	_____	Ankle	_____	_____
Spine	_____	_____	Foot	_____	_____
Comments:	_____				

PHYSICAL EXAMINATION

	<u>Normal</u>	<u>Abnormal</u>		<u>Normal</u>	<u>Abnormal</u>
Head & Neck	_____	_____	Cardiovascular	_____	_____
Eyes	_____	_____	Gastrointestinal	_____	_____
Ears/Nose & Throat	_____	_____	Genito-Urinary	_____	_____
Comments:	_____				

PHYSICIAN DETERMINATION

In my opinion this student:
 _____ is cleared for sports/co-curricular participation
 _____ Is NOT cleared for sports/co-curricular participation
 _____ Deferred
 Physician: _____ M.D.

NOTE: Hospital, Clinic or Doctor's Stamp REQUIRED

Date of Physical: _____

Comments on Screening Exams: _____

Comments on Medical History: _____